



Northern Lights, also known as "NL," is an [indica marijuana strain](#) made by crossing [Afghani](#) with [Thai](#). Northern Lights produces [euphoric effects](#) that settle in firmly throughout the body, [relaxing muscles](#) and easing the mind. Consumers say this strain has a [pungently](#) sweet and spicy flavor profile that is smooth on the exhale. Medical marijuana patients choose Northern Lights to help relieve symptoms associated with [depression](#), [stress](#), [pain](#) and [insomnia](#). Growers say this strain features purple and crystal-coated buds and grows best indoors with a flowering time of 45-50 days.

Northern Lights stands among the most famous strains of all time, a pure indica cherished for its resinous buds, fast flowering, and resilience during growth. This strain has given rise to famous [hybrids](#) like [Shiva Skunk](#) and [Super Silver Haze](#). Rumor has it that Northern Lights first sprouted near Seattle, Washington, but was propagated out of Holland after 1985 at what is now Sensi Seeds.